

DRAMA OF PEOPLE FOR THE PEOPLE, BY THE PEOPLE

Mrs. Reeve Gives an Interesting Description of Little Theater

"The Little Theater is drama of the people, for the people and by the people," Mrs. Reeve explained last night at a meeting in the studio of Gladys Attree.

"Its main objects are to promote the study of the drama, to produce high class plays, both foreign and native, to develop and encourage the talent of a city—not merely dramatic talent, but talent of every kind and sort."

The Little Theater should have no poets, no special men or women to be thrust repeatedly forward. Pull and money avail nothing. Talent alone should be the touchstone. The Little Theater would aim to turn the searchlight upon the talent of the city.

The difference between the Little Theater and amateur dramatic clubs is that the amateur clubs confine themselves to the work of their members. They are therefore narrowed down to a limited field.

The difference between the Little Theater and the professional theater lies in the fact that the one is commercial proposition. Plays are put on with the main idea of making money. On the other hand the Little Theater is purely community work, done for love of that work, and without pay.

We would have in this city not merely a dramatic company, but an organization devoted to the promotion of all drama. It should help the city with municipal pageants or school pageants. It should produce programs for state teacher conventions and should hold public meetings in the library or some other hall, where plays may be read by the members, and individuals tried out and selected.

It would draw under its wings all of the little dramatic clubs or community players of the city, and it would open its doors wide to the talent of the city.

Mrs. Reeve proceeded with a very interesting description of the history of the Little Theater in many cities in different parts of the world.

A Pleasing Exhibition

A clever and most satisfying exhibition of the work carried on was given by the pupils of the Gladys Attree studio. Many and varied were the costumes in which the little tots were dressed, a particularly bright number being the fairy dance. Miss Joyce Hirst gave an artistic number called the "Dagger dance" which received the unstinted praise and applause of every one present. This young dancer is graceful, well balanced, and performs in a manner which is highly creditable to her teacher and herself.

The last number on the program, a Chinese pantomime, was well worked up and exhibited, and served to give an insight into all the branches of art to which this studio aspires.

The exhibition opened with the barr work and centopractice which all must go through. The exercises are formed to give every muscle of the body its own particular work, and the children who have been training under this method show marked improvement.

A bright number of the program was the "Paper Boy" by Phyllis Hirst. This little girl acted the newey very well, and her soft shoe dancing was distinctly appreciated. The audience of female impersonation done by Beverly Cross was exceptionally good, many not knowing until he took off his fair curls that a young boy could be so graceful in all the different dance steps.

LOCAL COUNCIL OF WOMEN HAVE BANQUET

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our new ideal. Canada may yet inherit the mantle of the world. Dr. Kerby was given tremendous applause on resuming his seat.

Province of Alberta Mrs. H. H. Bingham proposed the toast to "Our Province" in a very neat speech, pleasantly delivered. She, too, referred to Alberta's resources and the splendid opportunities, and considered it an honor to be associated with the toast.

Mrs. Nellie McLaughlin, M.L.A., responded in an optimistic tone at once inspiring, referring to the times of depression just passed, she said: "Even the sun has a sinking spell every night. Life in Alberta is certainly not dull; there is no monotony, and there is a most infinite variety. We have 40 languages in Alberta. The extent of Alberta is such that we can give every man, woman and child in Europe a half acre of land; there are 650 people to the square mile where they live now. We have hope and energy, and we know that effort brings success. We are loyal to the whole of Canada (applause), and we are about to have an opportunity to show our loyalty to those who have accomplished great things in Canadian literature when Bill's Carman visits Calgary in February."

interrupted by applause, and received an ovation as she finished her address.

The City of Calgary

Mrs. C. R. Edwards, in an eloquent effort, proposed the toast to "The City of Calgary" and told the audience that the Local Council stood for protection of women and children, an ideal city, spiritually, morally and physically. Commissioner Graves responded in the absence of Mayor Webster. "It is 40 years since Calgary became a town of 500 people, and 30 years since she became a city of 6,000. The Local Council had seen mothers' pensions, health aids, clinics, children's aid, mental defectives' treatment and hospital regulations advocated by them set into effect. They now cost the city \$100,000 yearly, but he felt that no alderman present would favor the cancellation of necessary services, though the y may favor some curtailment. The development of the Spray Lakes power project he considered as extremely important to Calgary and the whole of southern Alberta."

The Old Times Miss Frances Valliquette gave a beautifully worded and excellently delivered tribute to those "whose example we shall try to follow that our efforts may approach theirs" in proposing the toast to the "Old Times." She was frequently

interrupted by applause, and received an ovation as she finished her address.

Lady Loughheed replied, and gave a very fine speech on "The Press" in proposing a toast, responded to by Wilber Horner. Mrs. Anderson received hearty applause.

Before the banqueters dispersed, Mrs. Staver presented Mrs. Glass with a copy of "Wells' History of the World" as a mark of the members' appreciation, and Mrs. Glass introduced Mrs. W. A. Geddes, the new president.

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comes all obstacles. He became serious as he referred to woman's helpfulness to men, to their struggle for recognition as equals, and aroused enthusiasm as he paid a high tribute to womanhood. "We are proud to welcome our sisters on their march toward the higher things of life, because our aims are one."

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MUCH GOOD WORK OF PUBLIC NATURE DONE BY COUNCIL

(Continued from Opposite Page)

enough to have heard Sir Henry Newbold, Sir Herbert Sadler and Sir Robert Haden Power speak on this subject.

Equal Moral Standard The convenor of the Equal Moral Standard, Mrs. Jarrett, showed what had been done for misguided boys and girls during the year, she said in part: "We deplore the incident which recently occurred in our high schools, which necessitated the expulsion of eight pupils because of propagating obscene literature. The only solution of this problem lies with the parents, and this regrettable incident shows unmistakably that some parents at least are not shouldering their responsibility in the moral training of their children. One of the serious failures of school affairs for the young people is the time at which they commence and break up. No mother who is anxious for the moral welfare of her boy or girl will wish their attendance at parties which do not permit them to reach home on the last street car. Many evils have resulted from these late parties."

Public Health Mrs. C. R. Edwards' report on public health was very gratifying. In her report Mrs. Edwards asked that the city put some disinfectant in the water to prevent the widespread of polio, and that a pay-in-advance account be opened in connection with the maternity ward of the general hospital. Any woman knowing who will need such care can pay so much a week or month so that when she enters the hospital a full-up reservation will be awaiting her. It was thought that with the help of the different women's organizations this could be made possible.

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New Officers Elected

During the afternoon the following officers were elected: Third vice-president, Mrs. Reginald Smith; assistant corresponding secretary, Mrs. Hall; public health, Mrs. C. R. Edwards; citizenship, Mrs. Jamieson; and fine arts, Mrs. Pearson.

It was regretted by all that owing to limited time the reports from the following departments could not be read, but will be heard at the meeting of the executive. The convenor of the house committee, Mrs. P. S. Woodhull; films and printed matter, Mrs. J. R. M. Noble; and natural resources, Mrs. A. J. Watt.

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FOR YOUR MAH JONGG PARTY, PUT UP CHINESE LUNCHEON

(By Sister Mary) The "party part" of a mah jongg party might be the one we know. Whether the affair be elaborate or simple in its appointments the oriental delicacies will be novel and delicious. While the chopsticks may be gained by the use of chop sticks these are perhaps too much of a good thing and detract rather than add to the banquet.

the food and each guest helps himself. For the maidless woman this is another idea worth considering. Peanut oil, or sesame oil, is used in place of butter or lard. The seasoning of it is more delicately flavored than peanut oil, but may be more difficult to procure. No salt is used in the dishes, the pungency and savor being gained from the soy sauce and the cooking oils. Delicious preserved mushrooms and ginger, to say nothing of a preserved "chow chow" can be bought put up in a cunning earthenware jars. The chow chow is a combination of fruits and carrots in a luscious syrup. These are a delightful accompaniment with boiled rice for any dinner.

For a luncheon or supper, chow mein is typically oriental and at the same time American enough to suit any taste. One egg, 1 cup shredded ham, 1 cup shredded chicken or pork, 1 cup minced celery, 1 cup dried mushrooms, 1 onion, 2 cups bean sprouts, 1/2 cup chicken stock or water, 2 teaspoons cornstarch, 1 tablespoon peanut oil, 1 tablespoon soy sauce, 1 pound chow mein noodles, 1 cup blanched almonds. The noodles can be bought at a Chinese store or made at home. They should be steamed over the chicken stock until tender and then dropped into hot peanut oil and fried until crisp. Drain on brown paper and keep hot until needed. The meat is used uncooked. It should be cut in match-like shreds and cooked for five minutes in peanut oil. The stock is then added and the meat cooked a few minutes longer until tender.

Stir the cornstarch diluted in a little cold water into the stock. Add soy sauce and simmer while preparing the vegetables. Soak mushrooms two hours in cold water. Drain and cut in very thin slices. Cut onion in thin slices and separate the circles. Wash bean sprouts and drain. Put two tablespoons peanut oil in a spider, add onion and cook three minutes. Add celery, mushrooms and bean sprouts and cook five minutes longer. Drop the almonds into hot peanut oil and brown slightly. Beat egg well and pour into a hot spider well oiled with peanut oil. The egg should spread in a thin layer over the entire surface of the pan. Fry until firm to the touch. Cut into strips about one-quarter inch wide and two inches long. Combine meat and vegetables and pour over noodles arranged on a platter. The stock in which the meat was

cooked is poured over the noodles with the meat. Garnish with the egg strips and almonds. A less elaborate dish is this Chinese omelet. The omelet should be made for individual servings. Chinese Omelet (Individual) One egg, 2 tablespoons minced mushrooms (soaked and fresh), 2 tablespoons minced raw pork, 2 tablespoons bean sprouts, 1 teaspoon soy sauce. Beat egg slightly with one tablespoon water. Put sesame oil or peanut oil into frying pan. Use about one dessertspoon. When hot add mushrooms, pork and bean sprouts and cook, stirring frequently until meat is tender. Put one teaspoon of oil in each individual pan. When hot put in three teaspoons of beaten egg, making a thin layer over pan. Cover with meat mixture and add remaining egg. Cover and cook slowly until puffed. Remove cover and finish cooking in hot oven.

Do not fold like the ordinary omelet, but serve as it is cooked. The soy sauce should be put in the pan with the oil when the omelet is cooked. This recipe for Chinese fried cakes has been Americanized to the degree of making it palatable to Americans. The fried cakes would be just the thing to serve with tea in the afternoon or could be used as the sweet for luncheon or supper. Chinese Fried Cakes Two cups flour, 2 1/2 cups butter, 1/2 teaspoon salt, 1 1/2 cup cold water, 1/4 cup chopped black walnut meats, 1/4 cup lard, nut meats or raisins, honey to make moist. Mix and sift flour and salt. Rub in butter with tips of finger. Add water, a little at a time, working it into the dough first on one side of the bowl and then on the other. The dough should be about the stiffness of pie dough. Roll on a floured molding board to one-eighth inch thickness. Cut with a round cookie cutter. Put

a tablespoon of the nut mixture on half the circles, dampen the edges slightly with water and cover with the remaining circles. Press the edges firmly together and drop into hot peanut oil. Fry a delicate brown and drain on brown paper. If an ice is wanted as a dessert choose ginger tea, tea tea or orange tea garnished with bits of crystallized ginger. A Hawaiian cream with kumquats, while not authentically Chinese, is delicious and unusual. If canned bamboo sprouts are procurable they make a typically Chinese salad when combined with crab meat, shrimps or lobster. Moisten with mayonnaise and serve on a bed of head lettuce. Chinese cabbage with French dressing or bean sprouts with French dressing provides a choice in salads. In making the French dressing add one teaspoon of soy sauce to the usual rule of four tablespoons oil to one of vinegar and one of lemon juice.

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